

About the View Plan Medication Therapy Management (MTM) Program Eligibility Information Table

If you're in a Medicare drug plan and have complex health needs, a Medication Therapy Management (MTM) program can help you and your doctor make sure your medications are working to improve your health.

You'll get a review of all your medications with a pharmacist or other health professional, who'll talk with you about how to get the most from the drugs you take. You will be able to talk about any problems you may be having and ask questions about your medications. You'll also get a summary of this discussion to help you talk with your doctors, pharmacists, and other providers.

MTM programs are no cost to you. We encourage you to take advantage of this valuable program if you qualify.

How do you qualify for an MTM Program?

You may qualify if you're in a Medicare drug plan and meet all of these 3 requirements:

1. Have at least 2 chronic health conditions, and
2. Take at least 3 medications, and
3. Use medications that cost more than \$3,100 for the year combined (your costs and your Plan's costs).

A drug plan could have more specific requirements that may include:

Health Conditions

- You must have at least a certain number of chronic health conditions, and/or
- You must have specific types of health conditions to qualify.
- Some plans offer the program to members with any chronic health condition.

Drugs

- You must be taking at least a certain number of Part D drugs, and/or
- You must be taking specific types of drugs.
- Some plans offer the programs to members who are taking any drug.

How can you use the information in the table?

You can use the information in the table to see if you may qualify for a Medicare drug plan's MTM Program.

You can find information two ways:

1. Search for information about a certain plan.
 - Step 1: Find the Plan Contract Number for the Medicare drug plan you are enrolled in or for the plans you are thinking about enrolling in.
 - Step 2: Use the grey filter button (Sort by Contract Plan Number) to check off the Plan Contract Number(s).
 - Step 3: See the MTM program eligibility requirements for the selected plan(s).
 2. Find MTM programs that match your health conditions and drugs.
 - Step 1: Think about the number of drugs you take and the health conditions you have.
 - Step 2: Use the grey filter buttons to check off your health conditions and number of medications.
- ! Tips:**
- When selecting your specific health conditions, also check off Any Chronic Health Condition in your search.
 - If you are taking 5 drugs, check off 2, 3, 4, and 5. If you are taking more than 8 drugs, check off 2, 3, 4, 5, 6, 7, and 8 or select all.
- Step 3: See the plans with MTM programs that you may qualify for based on your selections.

Please contact each drug plan for more details about their MTM program and if you may qualify for it.

Where does the information in the table come from?

Medicare drug plans provide the Centers for Medicare & Medicaid Services (CMS) information about their MTM programs. CMS used the plans' 2012 MTM program information as of September 26, 2011 to make the table.

The **Glossary** on page 4 has a complete list of terms and definitions used in the table.

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Glossary of Terms

Term	Definition
Employer Contract (EMPL)	Prescription drug coverage (like from an employer or union), that pays out, on average, as much as or more than Medicare's standard prescription drug coverage.
Medicare (Part D) Prescription Drug Benefit	A prescription drug benefit program that was created through the U.S. Medicare Modernization Act (MMA). The program began in 2006. This is a prescription drug option run by Medicare-approved private insurance companies and helps cover the cost of prescription drugs.
Medicare Advantage Prescription Drug Plan (MA-PD)	A Medicare Advantage plan that offers Medicare Prescription Drug coverage and Part A and Part B benefits in one plan.
Medicare Prescription Drug Plan (PDP)	These plans (sometimes called "PDPs") add drug coverage to Original Medicare, some Medicare Cost Plans, some Medicare Private Fee-for-Service (PFFS) Plans, and Medicare Medical Savings Account (MSA) Plans. These plans are offered by insurance companies and other private companies approved by Medicare. Medicare Advantage Plans may also offer prescription drug coverage that follows the same rules as Medicare Prescription Drug Plans.
Medication Therapy Management (MTM) Program	A program offered by Medicare Drug Plans for members with complex health needs to help members and their doctors make sure that their medications are working to improve their health. MTM programs include a free discussion and review of a member's medications with a pharmacist or other health professional to help them use them safely. Each member gets a summary of their discussion to have available when he/she talks with their doctors or other health care providers. Members who take medications for more than one chronic health condition may contact their drug plan to see if they're eligible.
Plan Contract	An organization that has a contract with CMS to provide Part D prescription drug benefits to Medicare beneficiaries. Each contract is assigned a CMS contract number. There may be one or more Plans under one Contract.
Total Drug Spending	Members who are likely to spend (at least) the specified amount for Part D medications for the year may qualify for the MTM program. This includes both the members' costs and the drug plans' costs.